

Chiltern Young Riders – Supplementary Allergy & Medical Form

Rider Information

Rider's Full Name: _____

Date of Birth / Age: _____

Course Date & Session Time: _____

Emergency Contact Details

Parent/Guardian Name: _____

Emergency Phone Number (Primary): _____

Emergency Phone Number (Secondary): _____

Allergy Details

Please list all known allergies (e.g., severe hay fever, wasp/bee stings, dust, specific foods, latex):

Allergen Typical Symptoms / Reaction Severity (Mild / Severe / Anaphylaxis) 1.

2.

3.

Medication & Emergency Action Plan

Does the rider carry an Adrenaline Auto-Injector (Epipen)? [Yes / No]

Does the rider require an inhaler or antihistamines during the session? [Yes / No]

Location of medication during the session:

(e.g., Left pocket of riding jacket, in parent's bag at the trackside)

Clear instructions for track staff in the event of an allergic reaction:

Parent / Guardian Consent & Sign-Off

I confirm that the information provided above is accurate. I understand that motocross takes place in an outdoor, dusty environment which may trigger respiratory or environmental allergies. I ensure my child will have their required medication on hand, and I give permission for first-aid trained CYR instructors to assist in administering medication if an emergency occurs.

Parent/Guardian Signature: _____

Date: _____

How to Submit This Information

The Digital Booking Form: When you receive your mandatory electronic booking link from the CYR team, make sure to type these details explicitly into the medical disclosure box.

Contacting the Track: If you need to alert them before a session, you can call them at 01494 728618 or use the official Chiltern Young Riders Contact Page.

On the Day: Because riders wear full face helmets and body armour, always notify your child's specific group instructor at the Berkhamsted track before the bikes are started.

GDPR By completing this form, you are giving permission for the above data to be held securely by Chiltern Young Riders, for as long as you continue to visit and for a period of up to one year thereafter. The legitimate basis for holding this data is the safeguarding of the relevant person. Please email should you wish to access your information.